EARLY RISERS BREAKFAST & LUNCH SERVED ALL DAY

V

AVOCADO TOAST

Za'atar, EVOO, The Daily Sourdough

SMOKED SALMON TOAST

Lemon-Caper Schmear, Chives, The Daily Sourdough



SOFT SCRAMBLED TOAST

Soft Scrambled Eggs*, Chives, The Daily Sourdough

STACKED AVOCADO TOAST

Avocado, Tomato, Bacon, Over Easy Egg*, Chives, Za'atar, EVOO



SUMMER-ISH FRUIT & YOGURT BOWL

Greek Yogurt, Lil' Coconut Milk, Peaches, Cinnamon Granola, B&B Fermented Honey, Chia Seeds

v

LOADED AVOCADO BOWL

Half Avocado, Over Easy Egg*, Peach Chili Crisp, Market Greens, Pickled Onion, Chives, Seeds & Crunchies, Mini Toast

BREAKFAST SANDWICH

Nueske's Bacon, Smoked Onion Jam, Pimento Cheese, Over Easy Egg*, Sesame Seed Bun

V

BREAKFAST PITA

Soft Scrambled Eggs*, Cuke & Tomato Salad, Tahini, Schug, Hummus, Cabbage, Chives

ADD TO ANYTHING:

NUESKE'S BACON
FRIED/SCRAMBLED EGG*
AVOCADO
JOYCE FARMS CHICKEN SHAWARMA
IMPOSSIBLE SAUSAGE
THE DAILY GF BREAD

BREAKFAST BURRITO

Scrambled Eggs*, Salsa Verde, Cheddar, Pickled Onions, Cilantro, Home Fries, Poco Loco Flour Tortilla

GF CORN TORTILLAS AVAILABLE

3 EGG BURRITO

Scrambled Eggs*, Avocado, Bacon, Salsa Verde, Cheddar, Pickled Onions, Cilantro, Home Fries, Poco Loco Flour Tortilla GF CORN TORTILLAS AVAILABLE

SUMMER-ISH VEGETABLE HASH

Charred Summer Squash, Peppers, Blistered Romano Beans, Market Greens, Romesco, Over Easy Egg* & Chives





LATE COMERS

BREAKFAST & LUNCH SERVED ALL DAY

BLT

Nueske's Bacon, Local Lettuces, Tomatoes, Pickled Onion, Dukes Mayo, The Daily Sourdough ADD EGG* OR ADD AVOCADO



WHIPPED FETA TOAST

B&B Fermented Honey, Cracked Black Pepper, Chives, The Daily Sourdough

HUMMUS BOWL

Cuke & Tomato Salad, Tahini, Schug, Cabbage, Pita

ADD JOYCE FARMS CHICKEN SHAWARMA OR CHARRED SUMMER SQUASH, PEPPERS, BLISTERED ROMANO BEANS



SUMMER-ISH SALAD

Local Lettuces, Peaches, Tomato, Shaved Radish, Feta, Basil-Hot Honey Vinaigrette,



Sesame Seeds



SUMMER-ISH GRAIN BOWL

Anson Mills Farro, Half Avocado, Charred Summer Squash, Blistered Romano Beans, Greens, Pickled Onion, Herbs, Spicy Coconut-Tahini Dressing, Za'atar

CHICKEN OR VEG PITA

Cuke & Tomato Salad, Tahini, Schug, Hummus, Cabbage, Chives

INCLUDES CHOICE OF JOYCE FARMS CHICKEN SHAWARMA OR CHARRED SUMMER SQUASH, PEPPERS. BLISTERED ROMANO BEANS



2 EGGS* WITH CHIVES NUESKE'S BACON

HOME FRIES

1/2 AVOCADO, ZA'ATAR, EVOO

MARKET GREENS

SEASONAL VEGGIES

JOYCE FARMS CHICKEN SHAWARMA

IMPOSSIBLE SAUSAGE

TOAST W/BUTTER - GF OR REGULAR

* Contains undercooked eggs. Consuming raw or undercooked eggs may increase your risk of foodborn illness.









drinkPECIALS

(C/H) UPSIDE DOWN LATTE

Rose-Cardamom Syrup, Onyx Espresso Cold Foam, Dried Roses, Steamed Milk

HOT TO GO COLD BREW

Sweet & Spicy Syrup, Onyx Cold Brew

MAKE IT MILKY, SWEET & SHAKEN

LUCKY CHARMS LATTE

Strawberry-Vanilla Syrup, Onyx Espresso, Ube Foam (w/ Lucky Charms of course), Steamed Milk

BEAR TRAP MATCHA LIMEADE*

Limeade, Blackberry-Honey Syrup, Coconut Matcha Foam*

*contains tree nuts - has coconut in it.

AG1*

AG1*

In Water

A GOLD STANDARD

AG1*, coconut water, vanilla protein powder, blueberries, almond butter, spinach

*AG1, the Foundational Nutrition supplement that supports whole body health, provides a daily multivitamin/multimineral, superfoods, live culture probiotics, digestive enzymes, and adaptogens!

AG1* IS NOT INTENDED FOR MINORS, PREGNANT, OR NURSING WOMEN, POSSIBLE DRUG INTERACTIONS EXIST.

COFFEE & TEA

DRIP COFFEE

COLD BREW COFFEE

MILKY, SWEET & SHAKEN BLACK

ESPRESSO

AMERICANO

DOUBLE SHOT

CAPPUCCINO

CORTADO

C/H LATTE

VANILLA LATTE

SUB ANY OF THE FOLLOWING: CARAMEL*, **CHOCOLATE, HONEY LAVENDER**

MOCHA

KIDUCCINO

CHAILATTE THE CHAI BOX

MATCHA LATTE

HOT CHOCOLATE

HOUSE MADE CHOCOLATE SAUCE, STEAMED мик

ICED HIBISCUS BERRY TEA

SWEET OR UNSWEET

ICED BLACK TEA

HOT TEA (HUGO TEA)

JASMINE BAI HAO, HUGO GREY, RAINIER (DECAF)

SHOT OF ESPRESSO

SUB ALMOND OR OAT MILK

SYRUPS:

HOUSEMADE VANILLA BEAN,

CARAMEL*, CHOCOLATE, HONEY

LAVENDER

*CONTAINS OAT MILK

SMOOTHIES

A GOLD STANDARD

See AG1* Above

POWER PROTEIN

Vegan Vanilla Protein Powder, Banana, Almond Butter, Medjool Dates, Chia Seeds SUGGESTED ADD-ON: SPINACH OR **STRAWBERRIES**

BERRY ACAI

Coconut Water, Strawberries, Blueberries, Acai Berries, Agave, Flax Seed, Chia Seeds Suggested Add-On: Vegan Vanilla Protein Powder

SUPER GREEN

Spinach, Pineapple, Apple, Avocado, Coconut Water

SUGGESTED ADD-ON: MATCHA OR AG1

ADD ONS:

BLUEBERRIES, CHIA SEEDS, FLAX SEEDS, PINEAPPLE, STRAWBERRIES AVOCADO, MATCHA, MEDJOOL DATES, VEGAN VANILLA PROTEIN POWDER ESPRESSO SHOT

SCOOP OF AG1* POWDER

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