**Early Risers**

**Breakfast & Lunch\nServed All Day**

- **Avocado Toast**
  Za’atar, EVOO, Sourdough

- **Smoked Salmon Toast**
  Lemon-Caper Schmear, Chives, Sourdough

- **Soft Scrambled Toast**
  Soft Scrambled Eggs*, Chives, Sourdough

- **Seasonal Fruit & Yogurt Bowl**
  Greek Yogurt, Lil’ Coconut Milk, Apricot & Cherry Compote, Cinnamon Granola, B&B Fermented Honey, Chia Seeds

- **Loaded Avocado**
  Half Avocado, Over Easy Egg, Parsnip Chili Crisp, Market Greens, Pickled Onion, Chives, Seeds & Crunchies, Mini Toast

- **Breakfast Sandwich**
  Nueske’s Bacon, B&B Smoked Onion Jam, Pimento Cheese, Over Easy Egg*, Sesame Seed Bun

- **Breakfast Pita**
  Soft Scrambled Eggs*, Cuke & Tomato Salad, Tahini, Schug, Hummus, Cabbage, Chives

**Late Comers**

**Breakfast & Lunch\nServed All Day**

- **Whipped Feta Toast**
  B&B Fermented Honey, Cracked Black Pepper, Chives, Sourdough

- **Hummus Bowl**
  Cuke & Tomato Salad, Tahini, Schug, Cabbage, Pita

- **Winter-Ish Salad**
  Shredded Collards, Dried Cherries, Spicy Candied Pecans, Parmesan, Citrus Vinaigrette, Sesame Seeds

- **Winter-Ish Grain Bowl**
  Anson Mills Farro, Half Avocado, Charred Sweet Potato, Greens, Pickled Onion, Herbs, Meyer Lemon & Aleppo Pepper Tahini, Za’atar

**Add To Anything:**

- Nueske’s Bacon
- Fried/Scrambled Egg*
- Avocado
- Market Greens
- Seasonal Veggies
- Joyce Farms Chicken Shawarma
- Impossible Sausage Patty* sub or add
- B&B GF Bread sub or add

- **Breakfast Burrito**
  Scrambled Eggs*, Salsa Verde, Cheddar, Pickled Onions, Cilantro, Home Fries, Poco Loco Flour Tortilla **GF Corn Tortillas Available**

- **3 Egg Burrito**
  Scrambled Eggs*, Avocado, Bacon, Salsa Verde, Cheddar, Pickled Onions, Cilantro, Home Fries, Poco Loco Flour Tortilla **GF Corn Tortillas Available**

- **Winter-Ish Grain Bowl**
  Sweet Potato, Roasted Parsnip, Charred Brussel Sprouts, Market Greens, Romesco, Over Easy Egg*, Chives

  *Contains Nuts

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**Sides**

- **2 Eggs* with Chives**
- Nueske’s Bacon
- Home Fries
- 1/2 Avocado, Za’atar, EVOO
- Market Greens
- Seasonal Veggies
- Impossible Sausage Patty
- Toast **gf or regular**

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*Contains undercooked eggs. Consuming raw or undercooked eggs may increase your risk of foodborne illness.*
SPECIALS

COFFEE & TEA

DRIP COFFEE
COLD BREW COFFEE
ESPRESSO
AMERICANO
MACCHIATO (3 OZ)
CORTADO
CAPPUCCINO
LATTE
MOCHA
KIDUCCINO
CHAI LATTE

MATCHA LATTE
HOT CHOCOLATE
ICED HIBISCUS BERRY TEA
ICED BLACK TEA
HOT TEA (HUGO TEA)

ADD-ONS
SHOT OF ESPRESSO
SUB ALMOND OR OAT MILK
SYRUPS:
DAYSIE SALTED CARAMEL
DAYSIE COCONUT ALMOND
HOUSEMADE VANILLA BEAN, CHOCOLATE, HONEY LAVENDER

POWER PROTEIN
SUPER GREEN
BERRY ACAI

POWER PROTEIN
Vegan Vanilla Protein Powder, Banana, Almond Butter, Medjool Dates, Chia Seeds
Suggested Add-On: Spinach or Strawberries

SUPER GREEN
Spinach, Pineapple, Apple, Avocado, Coconut Water
Suggested Add-On: Matcha

BERRY ACAI
Coconut Water, Strawberries, Blueberries, Acai Berries, Agave, Flax Seed, Chia Seeds
Suggested Add-On: Vegan Vanilla Protein Powder

CHOCOLATE TAHINI
Chocolate Protein Powder, Tahini, Banana, Agave, Chia Seed, Almond Milk
Suggested Add-On: Almond Butter or Strawberry

ADD-ONS
BLUEBERRIES, STRAWBERRIES, CHIA SEEDS, SPINACH, BANANA, ALMOND BUTTER
ESPRESSO SHOT, MATCHA
VEGAN VANILLA PROTEIN POWDER

SMOOTHIES

UPSIDE DOWN LATTE
Rose-Cardamom Syrup, Onyx Espresso Cold Foam, Dried Roses, Steamed Milk

ROSEMARY CASCARA SODA
Coffee-Cherry Tea, Rosemary Syrup, Lemon Juice, Sparkling Water

HAZEY MINT MOCHA
Hazelnut Mocha Sauce, Onyx Espresso, Peppermint Foam, Cocoa Dust, Steamed Milk

CHILL PILL
(CAFFEINE FREE LATTE) Beet Root, Ashwagandha, Dash of Honey, Steamed Milk

SUGGESTED ADD-ON: Spinach or Strawberries

LOW CARBON MENU ITEM
COLD OR HOT

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