



Daily selection of pastries from Butcher & Bee Bakery

Kitchen closes at 4pm



ON BREAD

BACON ENGLISH MUFFIN 7

Nueske's Bacon, Smoked Onion Jam, Pimento Cheese, Fried Egg*

SMOKED SALMON TOAST 8

Lemon-Caper Schmeear, Cucumber, Chives, 9 Grain Bread

SAUSAGE BISCUIT 8

Keegan Filion Pork Sausage, Red Pepper Jam, Fried Egg*

AVOCADO TOAST 6

Za'atar, Sea Salt, EVOO, Sourdough

THE DAILY LUNCHBREAK 10

Ask for details on our rotating weekday lunch special
add Chips or a Cookie 1.50

WHIPPED FETA TOAST 6

Local Honey, Cracked Pepper, Chives, 9 Grain Bread

IMPOSSIBLE MEAT (VEGAN)
Substitute 3 Add 4

SOFT SCRAMBLED EGG TOAST 6

Soft Scrambled Eggs*, Chives, Sourdough

ADD-ONS

Avocado 2, Tomato 1.5, Fried or Scrambled Egg* 1.5, Bacon 2



IN A BOWL

GRAIN BOWL 12

Anson Mills Farro, Today's Veggies, Soft Boiled Egg*,
Pickled Onion, Turmeric Coconut Dressing, Sesame Seeds, Cilantro

WRAPPED UP

BREAKFAST BURRITO 9

Home Fries, Scrambled Eggs, Salsa Verde, Cilantro,
Cheddar, Turmeric Pickled Onion, Mitla Flour Tortilla
GF Corn Tortillas Available

RESOLUTION BOWL 11 *GF*

Chickpea Curry, Coconut Broth, Greens, Soft Boiled Egg*, Cilantro
Add Spice Bomb 2

BREAKFAST PITA 8

Soft Scrambled Eggs*, Israeli Salad, Tahini,
Schug, Hummus, Cabbage

KETO CAULIFLOWER 10 *GF*

Cheddar Cauliflower "English Muffin", Sautéed Greens,
Romesco, Canadian Bacon, Fried Egg*

PITA SANDWICH 10

Joyce Farms Chicken Shawarma *or* Spiced Seasonal Squash
or Sautéed Seasonal Veggies
Israeli Salad, Tahini, Schug, Hummus, Cabbage

WINTER "CAESAR" SALAD 11 *GF*

Baby Kale, Shredded Cabbage, Charred Broccoli, Roasted Squash,
Superfood Nut Crunch, Tahini Cashew "Caesar"

GREENS & EGGS 7 *GF*

Spiced Tomatoes, Sautéed Greens, Fried Eggs*, Pickled Onions

ADD-ONS
Bacon 2, Sausage 4, Avocado 2, Greens 2.5, Veggies 3

SIDES

HOME FRIES.....	3
2 EGGS.....	3
NUESKE'S BACON.....	4
KEEGAN FILION SAUSAGE PATTY.....	4
MARKET GREENS.....	3
HALF AVOCADO Za'atar, Sea Salt, EVOO.....	3

* Contains undercooked eggs. Consuming raw or undercooked eggs may increase your risk of foodborn illness.

COFFEE & TEA

DRIP COFFEE	3
COLD BREW COFFEE	
Black	3.5
Shaken with Cream and Sugar	4.5
ESPRESSO	2.75
AMERICANO ^{C/H}	2.75
MACCHIATO	3.5
CORTADO	3.5
CAPPUCCINO	4
LATTE ^{C/H}	5
MOCHA ^{C/H}	5.75

^{C/H} CAN BE SERVED HOT OR COLD

ADD-INS

SHOT OF ESPRESSO	1.5
HOUSEMADE VANILLA BEAN SYRUP50¢
HOUSEMADE CHOCOLATE SYRUP75¢
SUB ALMOND OR OAT MILK75¢

CHAI LATTE ^{C/H}	5.5
MATCHA LATTE ^{C/H}	5.5
HOT TEA <i>Rishi</i>	3
Turmeric Ginger, Moroccan Mint, China Breakfast, Earl Grey	
ICED BLACK TEA	3
ICED GREEN CITRUS TEA	3

^{C/H} CAN BE SERVED HOT OR COLD

SEASONAL

SUGAR & SPICE LATTE ^{C/H}	6
Housemade Brown Sugar & Spiced Syrup, Espresso, Whole Milk	
PEPPERMINT MOCHA COLD BREW	5
Housemade Peppermint Chocolate Syrup, Cold Brew, Oat Milk	
HAZELNUT ORANGE LATTE ^{C/H}	5
Housemade Hazelnut Syrup, Orange Zest, Espresso, Whole Milk	
GOLDEN LATTE ^{C/H}	5.5
Turmeric, Ginger, Warm Spices, Whole Milk	

SMOOTHIES

POWER PROTEIN 9

Vegan Vanilla Protein Powder, Banana, Almond Butter, Medjool Dates, Chia Seeds, Almond Milk

BERRY BANANAZA 9

Local Berries, Banana, Oat Milk, Honey, Greek Yogurt, Lil' Bit Apple

SUPER GREEN 9

Coconut Water, Kale, Pineapple, Apple, Avocado

COCOA NUT 9

Tahini, Cocoa, Banana, Oat Milk, Medjool Dates

SMOOTHIE ADD-INS

Chia Seeds, Kale, Banana, Almond Butter... 1 Espresso Shot... 1.5 Vegan Vanilla Protein Powder... 2

ON TAP

COLD BREW COFFEE <i>Springbok</i>	3.5
16 oz. Growler + Coffee	7
16 oz. Growler Refill	5
32 oz. Growler + Coffee	12
32 oz. Growler Refill	10

ALCOHOL

BLOODY MARY	7
Charleston Bloody Mary Mix, High Wire Distillery Vodka, Olives	
SCREWDRIVER	7
Morning Glory, High Wire Distillery Vodka	
COLD PRESSED MIMOSA	8